

Asian Chicken



Ingredients

1. 3.5 lbs chicken breasts
2. 1/3 cup peanut butter
3. 6 Table spoons of orange juice
4. 3 Table spoons of soya sauce
5. Pepper to taste
6. 1/2 lb of bok choy

Preparation

1. Spread the ingredients over the chicken in a crock pot except the bok choy.
2. Heat on low for 6 hours
3. Add the bok choy for the last 15 minutes
4. Serve with rice or noodles.