

EMACS insert from sub-shell

I wanted to insert the current date and time at my cursor position.

The sequence of keystrokes in emacs to invoke a sub-shell command and get its output at your cursor position is this:

```
CTL+uALT+!
```

That allows you to pull output from a sub-shell command to the cursor position.

Example of a Complete sequence of keystrokes

```
Today's date is: CTL+uALT+!date -u --rfc-3339=seconds
```

This is the result:

Today's date is: 2015-02-21 19:00:57+00:00