

Jock recipe for Peanut Banana Muffin.



Full disclosure ¹

Misshap ²

Ingredients

1. 2 bananas
2. 1 tablespoon of peanut butter
3. 2 eggs
4. 1 teaspoon of baking soda
5. Optional blueberries

Tools

1. Muffin pan
2. Mixing Bowl

Preparation

1. Pre-heat oven to 350 fahrenheit
2. Crush and mush with a fork
3. Spoon into the muffin pan, makes 4 muffins.
4. Bake in middle of the oven for 15 minutes.

¹ Full disclosure: The texture was very soggy. The taste was eggy.

² The picture is how it looked straight out of the oven. When it cooled, it deflated.